

TACTICS of CONFRONTATION

SYSTEMA – SEMINAR with VLADIMIR VASILIEV

in Bonn, Germany,
on 10 and 11 September 2022

INSTRUCTOR

VLADIMIR VASILIEV

Director and Chief Instructor of Systema Headquarters, Toronto

SEMINAR TOPIC: Tactics of confrontation

Did you know that:

- One way to **test yourself for reality** is to practice working in unexpected situations.
- The most effective solution for a conflict is both psychological and physical.
- Hesitation and fear have the same origin.

In this seminar, Vladimir will take you step-by-step from simple to complex challenges.

You will work through imaginative scenarios and learn to handle holds, chokes, strikes, weapons, multiple attackers, in standing and on the ground, armed and unarmed.

You will see how to control tension in yourself and your opponents, how to develop a strong and fast body, and how to magnify your awareness and intuition.

The training is suitable for new practitioners and for experienced fighters.

This is a rare opportunity to learn directly from and train with Vladimir Vasiliev.

Instructor renewals, upgrades and new evaluations will be available at the seminar.

SCHEDULE

Day 1 – Saturday, 10 September 2022

10:00-11:00:	Check-in
11.00-14.00:	Training
14.00-15.00:	Break
15.00-17.00:	Training

Day 2 – Sunday, 11 September 2022

09.45-10.00:	Check-in (not necessary if you checked in on Saturday)
10.00-13.00:	Training
13.00-14.00:	Break
14.00-16.00:	Training

LOCATION

Gym on the premises of the
LVR-Klinik (LVR-Hospital), Kaiser Karl Ring 20, **53111 Bonn** (see map below).

Bonn as the former interim capital of the Federal Republic of Germany until 1990 has great transport connections and can easily be reached by various means of public and private transport.

The airport Cologne/Bonn (CGN) is close to Bonn city centre and there are fast transfers available by bus or train into the city.

Bonn can also easily be reached by direct train from the next major airport, Düsseldorf International (DUS), which is about 100 km away.

Finally, Germany's largest airport, Frankfurt International (FRA), is about 180 km away and can be reached via a fast train connection.

LANGUAGES

The seminar will be held in English.

In order to maintain the flow of explanations and demonstrations the organiser offers **no translation into any other languages** including German.

In case you are in need of language support it is very likely that other participants will be able to help you out temporarily as interpreters.

Regarding communication with us during the registration process we ask you to please use English or German. We are unable to accommodate any other languages.

PARTICIPANTS

We welcome everyone. The seminar is suitable for all levels. Whether you are an advanced Systema trainee, have just started training Systema, have other martial arts background or no experience at all.

Participants must be at least 18 years of age and in good health.

It is not allowed to wear military (camouflage) clothes during the seminar. Any participant wearing this kind of clothing will be asked to change into civilian attire before they are allowed to access the training facilities.

Participants train at their own risk. Please see liability terms below.

COVID19

We recommend that you verify whether any Covid19-related public health measures are in place that may affect you and/or your participation in the seminar. Below information may be inaccurate or outdated on the seminar dates and is only given for information purposes. It is the sole responsibility of the participants to comply with any legal and regulatory requirements.

Provided that on the seminar dates the current Covid19-measures will still be in place, your participation at the seminar is subject to the following requirements:
You must

- **be fully vaccinated against the coronavirus SARS-CoV-2 (if applicable including a booster shot)**
- **have recently recovered from Covid19 disease or**
- **have accomplished a negative Covid19-test taken no longer than 36 hours before the training.**

Either of these requirements have to be proven by an official document, such as a (digital EU) vaccination certificate, which will be checked during the check-in process.

However, if you have no opportunity to get an official COVID19-test before the seminar, we might be able to administer an official test as part of the check-in process. This possibility will be limited so please do not rely on it.

The following websites provide detailed information on the Covid19-situation in Bonn and in Germany:

- [Landesregierung NRW](#) (on local measures in Bonn)
- [Bundesregierung](#) (general overview)
- [Robert-Koch-Institut](#) (the government agency in charge for all things Covid19)
- [Paul-Ehrlich-Institut](#) (on vaccines, certificates and tests)
- [Auswärtiges Amt](#) (on travel restrictions and entry requirements)

PRICES

170 Euros for 2 days
85 Euros for 1 day

REGISTRATION & PAYMENT:

Please note that participation is subject to prior registration and registration will close on 30 August 2022. No applications will be accepted after that date.

Furthermore the number of registrations is limited to 100. Once this number has been reached no more applications will be accepted. Applicants will be registered on a first-come-first-served basis.

Given that Vladimir has not hosted a seminar in Europe since February 2020 this event is expected to be sold out quickly, so we recommend you book your spot as early as possible.

Please also note registration/payment at the door will NOT be permitted.

To sign up for the seminar please go to the following website where you will be guided through the registration and payment process:

<https://www.deinetickets.de/shop/sysb22/de/start/>

You can also reach this URL via the following QR-Code:



The only payment option offered is PayPal.

To register you must complete the registration form and pay the applicable seminar fee in full. Otherwise you will not have registered validly and your place will not be secured.

Your registration is considered accepted and confirmed by the organiser as soon as the ticket shop has sent you the ticket.

CANCELLATION & REFUNDS

If, for whatever reason, you cannot participate and need to cancel your booking you must do so in writing.

For cancellations up to and including 31 July 2022 a cancellation fee of 80 Euros (or 40 Euros, if you only registered for one day) is applicable and the remaining fees will be refunded to you. **There will be no refunds for cancellations made on or after 1 August 2022.** It is also possible to transfer your booking to another person who fulfils the requirements stated herein without additional costs if you are not able to attend the seminar yourself.

The seminar organiser reserves the right to cancel the seminar in case (i) an act of nature or (ii) Covid19-related public health and safety measures prevent the seminar taking place. In such case any seminar fees will be fully refunded to the participants. However, there will be no refund of any other costs incurred by the participants, such as costs in relation to travel arrangements or accommodation.

LIABILITY

All training takes place at the participant's own risk.

The seminar is a martial arts seminar with close physical contact to other persons so that injuries may occur even while training carefully and under mutual considerateness.

Neither the Organiser nor the trainers/instructors or their assistants shall be held liable for any damages and/or injuries that might occur during the seminar. **The participant agrees to be bound by these terms by registering for the seminar.**

Furthermore, every participant confirms that they are in adequate physical and psychological condition to participate at the seminar.

PHOTO AND VIDEO RECORDINGS

Please note that the Organiser may take pictures and record videos that could be used and published for the purposes of the organiser. Your consent to this coverage and usage will be required upon check-in in order to participate at the seminar.

The participants are allowed to take photos during the seminar. The participants are

not allowed to record videos, except if so permitted by the organiser.

WHAT TO BRING

Indoor training-shoes (**non-marking and without black soles**), training knife, training-stick and training clothes. **No military (camouflage) clothes are allowed.**

LUNCH AND FOOD OPTIONS

There are several options to get food nearby, e. g. on Kölnstraße in a walking distance of about 600m from the seminar venue, such as:

- Rewe supermarket, including a bakery (Kölnstraße 154, 53111 Bonn);
- C' est la vie, a cafe across the street from aforementioned Rewe (Kölnstraße 177).

Walking further on Kölnstraße toward the city centre, in a distance of about 800m from the seminar venue, there are further options such as an Aldi supermarket, a döner kebab fine dining establishment and an Asian restaurant.

ACCOMODATION

Bonn offers a wide range of accommodation, including an IBIS-Hotel in a walking distance of about 10 minutes from the seminar location:

IBIS Hotel Bonn, Vorgebirgsstraße 33, 53119 Bonn, phone +49 228 72660.

For more options please refer to the following services offered by the tourism office of the city of Bonn:

- <https://www.bonn.de/microsite/en/highlights/tourist-information/accomodation.php> (overview of accommodation options including a “free-booking service” via phone)
- <https://www.bonn-region.de/en/> (“bonnregion” electronic booking platform)
- https://www.bonn-region.de/services/files/Gastgeberverzeichnis_2020-komprimiert.pdf (downloadable PDF-guide on accommodation containing a detailed list and description of hotels in the city centre of Bonn)
- <https://www.bonn.de/medien-global/amt-03/bonn-info/Internet-Hotelliste-August2021.pdf> (List of hotels, less colourful with less information, but maybe more up to date)

In addition or alternatively you can also make use of other established internet booking platforms.

NON-PROFIT ORGANISATION

RMA Systema-Bonn e. V., the Organiser of the seminar, is a non-profit organisation.

A part of the proceeds will be donated to a good cause. Amongst the donees that

will be considered are local facilities that take care of terminally ill children.

LEGAL NOTICE

This document is the legal basis for your participation in the seminar. Please read it carefully and only register for the seminar if you agree to the terms stated herein.

The German language version of this document shall be controlling in all respects and shall prevail in case of any inconsistencies with translated versions.

CONTACT

Organiser and seminar host:

RMA Systema-Bonn e. V.,
represented by its Board of Directors

Villichgasse 2a
53177 Bonn (Bad Godesberg)
Vereinsregister AG Bonn 7206

Head Organiser and contact person:

Norbert Tannert

Email:

seminar@systema-bonn.de

Mobile phone (only during seminar):

+49 152 28 90 99 64

Website for registration and information:

www.systema-bonn.de

If you have any further questions please contact us via the above contact email address.

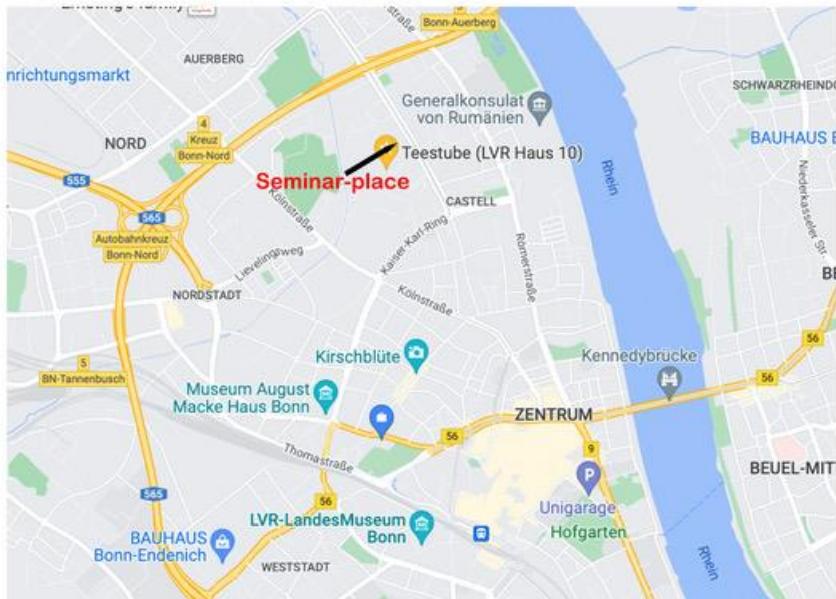
Should you encounter any issues during the seminar weekend please call the above contact phone number for support.

We are very much looking forward to seeing you in Bonn!

Norbert Tannert

on behalf of

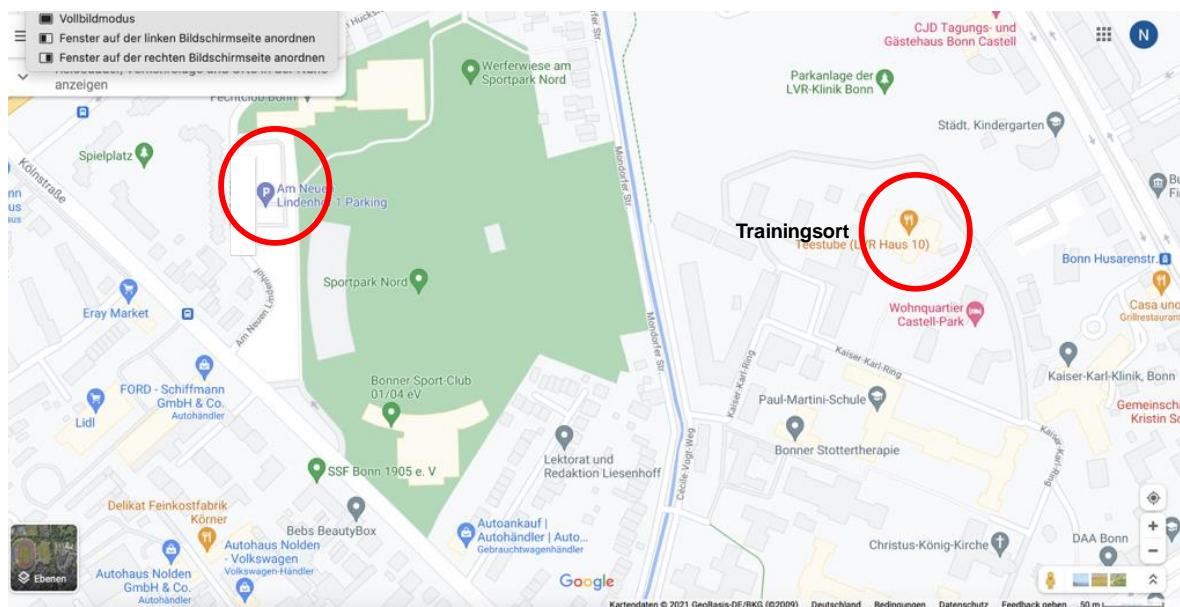
RMA Systema-Bonn e. V.

ANNEX**MAPS**

The seminar venue (Gym on the premises of the LVR-Klinik, Kaiser Karl Ring 20, 53111 Bonn) (see map below) is labelled as "Trainingsort" or "Seminar-place" on the maps.

We suggest you park at the public parking space Am Neuen Lindenhof 1, 53111 Bonn (labelled as "parking-area" on above map, also see left red circle on below map) free of charge.

Since the gym is located on the premises of the LVR-Klinik there are no public parking spaces in the immediate vicinity of the gym.



Trainingsort = seminar venue = lieu du seminaire